Phoenix Mountain Racers Athlete Code of Conduct

As a Phoenix Mountain Racers Club Athlete, I agree to:

- 1. Be polite, respectful, considerate, and helpful to my team members, coaches, parents, volunteers, resort staff and the general public.
- 2. Do my best to be on time and organized.
- 3. Be positive and strive to have fun, in turn helping make it fun for others.
- 4. Pay attention and follow instructions from coaches.
- 5. Speak to my coach if I have questions or concerns.
- 6. Use appropriate language and refrain from making negative or hurtful comments.
- 7. Strive to become an excellent role model.
- 8. Foster a safe and inclusive team environment that is free from bullying and harassment of any kind.
- 9. Celebrate successes of co-athletes.
- 10. Assist with tasks such as cleaning the storage area, shoveling snow, carrying gates, setting gates, and tear down.
- 11. Take responsibility for my actions.
- 12. Participate without the use of drugs or alcohol while training or at races.
- 13. Follow the Alpine Responsibility Code.